

# BURNS

## THE PROBLEM

Each year, over 100,000 children are treated for fire/burn injuries, the third leading cause of unintentional home injury death.

## ESSENTIAL FACTS

- Scald burns, especially those caused by hot foods, liquids, and steam in the kitchen are among the most common burns in young children.
- Hot tap water accounts for nearly 1 in 4 of all scald burns among children and most often occur in the bathroom.
- Serious burns can occur with 2 second exposure to 150 degree water, 6 second exposure to 140 degree water, 30 second exposure to 130 degree water, or 5 minute exposure to 120 degree water.



## YOUR PRESCRIPTION FOR SAFETY

- Turn water heater down to 120 degrees F or install anti-scald faucets throughout the home.
- Never handle hot liquids or food (including coffee and tea) with a child in your arms or underfoot.
- Install a smoke alarm in every bedroom and on every floor of your home. Test regularly.
- Implement a fire escape plan for your home. Purchase fire escape ladders as needed.

## WHAT TO DO IF YOUR CHILD IS BURNED

1. Remove your child from the heat source
2. Immediately cool skin with copious amounts of water
3. If blister or charred skin is present, cover burn with a clean dry dressing and seek medical.



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